

# Summer Activities

## **'Pitch black'**

Time: Aprox. 4 hours

Price: 400,- NOK per participant

Using our senses is something we do without thinking much of it, but what if we remove one or more of them? 'Pitch Black' is an adventure of the senses which challenges you to make use of senses you normally take for granted. In rough terrain and with a surprise or two sprung upon you, you will get an exciting and challenging experience of the senses would not have imagined.

## **'Kid Safari'**

Time: Aprox. 2 hours

Price: 300,- NOK per participant

The folk tale of 'The Three Billy Goats Gruff' springs to mind when you meet the lively kids on summer pasture. In a close encounter between man and animal we visit the mountain familiar goat kids from Melchiorgarden in their summer pasture. An activity we recommend especially for families; this is a certain winner among the children. We bring grain feed, guarantee much fun with the animals, and bring packed lunch from the farm kitchen.

## **'Slackline park'**

Time: 3 hours

Price: 150,- per participant

Make an unbalanced life balanced on the slackline! We rig a slackline park by the row of boathouses and organize a fun and exciting activity in the evening sun. We give instruction in both technique and rigging of the line. This is a fantastic activity for children and youth (in all ages!) which will increase your strength and body control.

## **'Kallskardalen – a journey back in time'**

Time: Aprox. 5 hours

Price: 300,- per participant

The hike in through Kallskardalen is a hike into a geologically interesting and highly contrasted area. The guide will tell you about the history of Herdalssetra and Kallskardalen from the last ice age all up till today. The hike is steep from the lake and up into the mouth of the valley, but the valley itself is flat. We bring with us lunch packets from Melchiorgarden which we will eat at the end of the valley.

## **'Storåsnakken to Gjæra: a mountain adventure'**

Time: Aprox: 5 hours

Price: 300,- per participant

A hike from Hatlestad to Storåsnakken is a hike into a spectacular panorama view of Storfjorden. And what is better after a hike in the mountain than meeting the people who have made the mountain their home? The mountain farm Gjæra is located at a steep 300 meters, an organic farm with a printing workshop, brewery and unbroken traditions in the these crafts.